

How Can Parents Determine Gender of Their Son?

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ABSTRACT

Fetal gender determination in modern times is being extensively promoted and effected by scientific and experimental research. Most of our people still find this to be unrealistic, but we must admit that advancement of science and technology has made the truth about 80% possible and proven by numerous scientific experimental. The main purpose of this research is to scientifically determine gender of the fetal and explain how parents play a role in son selection. The method used in this study is descriptive study. Library method was used to collect information by using books, articles and scientific papers. The most important thing to consider when choosing a son is that the sexual intercourse should be as close as possible to the time of ovulation. Before sexual intercourse, the vagina should be washed. During sexual intercourse, the woman must reach the peak of sexual pleasure or orgasm. The sexual intercourse should be deep enough to cervix of uterus. sexual intercourse should be stopped a few days before ovulation, sperm levels reach a maximum, and increase the chance of having a son.

Keywords: Fetal Gender Determination, Sperm (X, Y), Ovum, Uterine Secretions, Sexual Intercourse, Orgasm.

Introduction

After the fertilization, that is, when the combination of male and female gametes, the gender of the fetus is determined. In humans, the total number of chromosomes reaches 46, 2 of which are the germ chromosome and the other somatic chromosome. The chromosomes are the threadlike structure and are thick, created through the accumulation of genes that contain more than hundred thousand of genes that control individual vital activities. In fact, genes are responsible for the transmission and uptake of traits in living organisms, which determine individual traits such as eye color, skin color, hair color and height, etc.

Every person's body is made up of somatic and sexual cells, the gender cells are the semen and the gametes, while the somatic cells include the skin cells, bones, muscles and nerves. Male gender cells (Sperm) carry two types of chromosomes (x, y), whereas female gender cells (Ovum) only have one type of chromosome, xx.

when the sperm enters the uterus, if the sperm carries the X chromosome combined with the ovum it is a female embryo, and if the sperm carries the Y chromosome conjugated with the ovum, then the embryo is male. Therefore, the chromosomal form of the fetus and gender are determined at fertility time. The father's sperm with the chromosome x y formula is responsible for the gender of the fetus and the baby. Thus, as it appears from the above verse, the gender-determining factor of the fetus has been placed in the male genital tract. The female egg contains chromosomal xx formulas. Gender chromosomes have genes that play a role in transmitting some other traits, although they play a role in gender determination.

Based on recent findings, scientists believe that sperm y is faster than x sperm, but Dr. Shuttles is a scientist who has many research, assumptions and findings related to gender determination. He says that the sperm carrying the y chromosome is smaller and its head is round, and the sperm containing the x chromosome is larger and its head is elliptical. He believed that sperm y moves faster, and it is weaker, but versus, x sperm moved slower and is stronger. Because the secretions of the uterus are more vascular, the egg is more cordial and is more suitable for the survival and growth of the sperm y, on the other hand, the sperm y move quickly out of the vaginal acidic medium, and To the environment of the heart. Therefore, the more a baby is born, the more likely it will be to have a baby boy. (2, p. 120)

Importance and Significance of Research

The valuable research and services that scholars have undertaken in this age, as a result of their scientific and empirical studies, have explored the ways in which it has been possible to determine the gender of a son. These methods are based on the scientific and practical research and findings of scientists that the accurate use of these methods increases the chances of having a son by eighty to eighty five percent.

Choosing gender of the child is one of the long-standing wishes of parents, and every parent like to have children of different genders (boys and girls). Obviously, in our society, some families have such a situation where they have five or more children of the same gender (daughters). These parents have always been upset and depressed because of having several female offspring and they always wishing to have son. So, parents who are unhappy and displeased with their child's gender, this article is a good guide to achieving their goals.

Objectives

The Main Objective

Scientific study of gender determination and explanation of the role of parents in son gender determination.

The sub objective

- Reviewing and scanning the doctrinal theories on gender selection and choice.
- Investigating the influence of the father role on the gender selection of the son.
- Investigating the influence and role of the mother in gender selection of the son.
- Examine the physiological factors of parents that are effective in selecting and determining the gender of a son.
- Investigate environmental factors that have a significant impact on gender selection and determination.

Research Methodology

The method used in this research is a descriptive study that used library method to collect necessary information and evidence by using written sources, books, articles and scientific papers. The researcher has also tried to make extensive use of reliable scientific websites and doctrinal theories, experts and former scholars and theorists on the selection of the gender of the child for further clarification.

Can We Really Determine the Gender of the Fetus (Boy)?

The first and foremost factors to determine the gender of a son, God and the will of God that is environment of all factors. If he wants to do so with other factors as a means of manifesting the will of God. Paying attention to this point rescue us from the blasphemy and disbelief.

So far, thousands of women and couples had asked Dr. Shuttles such questions that: whether we can determine the gender of our child. Undoubtedly Dr. Shuttles' answer was "yes" that is possible, there are ways to significantly increase the chance of having a child of the desired gender. Of course, some researchers, Shuttles' success has been reported almost 90 %. There is some evidence supporting Dr Shuttles' theory. This evidence includes the testimonies of thousands of people who have succeeded in using these methods of gender determination, they had 3 to 4 children with the same gender and then using the Shuttles method for the first time they owned children with a different gender. Shuttles' gender determination method is superior to other current methods of use, supported by accurate scientific evidence. These methods have been developed through separate research and investigation by scientists from different countries around the world. (7, p. 9)

Significant Factors on Boy Gender Determination

There are many factors that influence a son's gender determination that we can successfully implement such factors to successfully determine the gender of our son, here we discuss only the important factors.

- Determination of the ovulation time
- Assessment of the uterus discharges and vaginal washing
- Determining the time of sexual intercourse and its type
- Use a proper diet
- Sexual intercourse Situation and depth of entrance
- Orgasm or Peak of Sexual Pleasure
- Keeping cool the scrotum
- Sexual Abstinence for Having a Son
- Preparations to Having a Boy

Determination of The Ovulation Time

Whether you want girl or boy, the first thing to do is to determine the time of egg production. Whereas the live cycle of the sperm and ovum are limited, it is therefore important to regulate the time of fertilization in proportion to egg production. Ovulation is normally done on the half of a 28-day period (14th day) So, it is imperative for the boy to intercourse must be done as close as possible to ovulation eggs. When fertilization takes place during or around the time of egg ovulation, this intercourse will be benefit for the smaller sperm (y), which is the result of the male. If the couple's intercourse being done at the required time prior to egg ovulation, this would favor larger sperm (x) which the result of that is girl. This type of sperm has a slower movement but can live longer in the more acidic environment. While, y sperm annihilating soon in acidic place. There are several other factors that will be mentioned later, but the basis for gender selection Determination of ovulation time.

Assessment of the Uterus Discharges and Vaginal Washing

The female genital system has chemical secretions that have acidity and alkalinity properties. The vaginal chemical environment plays an important role in the gender selection of the child. During a menstrual cycle (28-day period) the environment of the female reproductive system becomes more alkaline closer to the time of ovulation. At this time, the vaginal environment for Y spermatozoa is more suitable. The result is that the nearer the egg lay, the more likely the boy will be. The farther from the egg, the more secreted the genital system becomes. So, at one of these times, two to three days before ovulation, which is an acidic vaginal environment, the chance of a boy is less likely. The secretions of the reproductive system of some women have acidic properties, so it may increase the birth rate of the girl, and even in some women, this high acidic property may cause barrenness. Normally, the uterine discharge described above, in these people, is dark and thick, and does not elongate, and its secretions is not elasticity like egg albumin. This indicates that the vaginal environment of such women is not suitable for the birth of a boy. Vaginal wash can be done to remedy this problem. Rinse the vagina with alkaline mixtures to neutralize acidic secretions and allow the passage of sperm, especially Y sperm. A few minutes before the sexual intercourse you have to wash the vaginal environment with a bicarbonate of soda. The ratio used is a teaspoon of boiling water in a glass of boiling water. It should be noted that the sweet boil dissolves in water. When the solution is ready, inject it into the vagina and rinse the vaginal area. Of course, another issue that helps the vagina to become alkaline to have boy is the woman reaching the peak of sexual pleasure during intercourse. If a woman reaches

a peak of sexual pleasure during intercourse, especially if it is earlier than the male, the vaginal environment becomes alkaline and much more likely to become a boy.

Keep in mind that acidity and alkalinity environments do not kill specific sperm but control the sperm activity. For example: rinsing the vaginal area causes the male sperm (y) to move better so without more casualties. On the contrary, if the vagina acidic washed, the acidic environment is negatively impact on both X and Y sperm, but its effect on X sperms is less, because X sperms are larger and more resistant. (2, p. 133)

Determine the Time of Sexual Intercourse and Its Type

The life of a higher multicellular living organism, such as humans, starts when different sexual gametes (sperm and ovum) fertilize together and to form zygote, which is caused by the intercourse of couples. One of the issues that is most important in determining gender is the timing of intercourse according to the time of ovulation. After the accurate determining of the ovulation, determine the time of intercourse according to the gender of the child. As a result, the male sperm enters the female uterus. Later, if the sperm carries the chromosome x to the egg, the embryo becomes female.

To have a son, you need to have an intercourse simultaneously or near to the time of ovulation. Because the sperms containing the y chromosome are smaller, they are shorter and less resistant. The spermatozoa y, in appropriate conditions, move faster than the spermatozoa x because of this early passage of the vaginal acidic environment, and then enter the vascular environment. Because cervical discharge is alkaline at the time of egg production and is suitable for the survival and passage of sperm y. Thus, as much the sexual intercourse to be near the time of ovulation, the chance of having son increases. Therefore, spermatozoa bearing the y chromosome are co-fertilized with the egg (xy). Therefore, due to the sexual intercourse the y sperm fertilize with the ovum and son fetus (xy) forms. Before intercourse vagina should wash with alkali liquid. During sexual intercourse, woman should reach sexual pleasure. The sexual intercourse should involve a deep penetration and sperm should evacuate at the deep end of the vagina, above the cervix, because at this time the cervical region has a discharge that is most appropriate for the y sperm activity and survival. To have a boy, sexual intercourse should be stop for a few days. In this case, the amount of sperm has reached the maximum and this increase in the number of sperm increases the chances of having a son. (2, p. 138)

Having a Proper Diet

Child sex determination has always been one of the long-standing wishes of the human beings and has been the subject of many studies and researches over the centuries and various views and hypotheses have been presented on this issue. The theory, which is now widely favored, is the effect of the ratio of ions in the blood that affects the sex of the fetus.

Specific foods alter the ratio of ions in the blood, which in turn affects the indoor and uterine secretions and the ability to accept sperm, affect the egg, and alter the embryo's sex. It has been common in ancient times to follow a special diet for the birth of a baby boy or girl, but its mechanism was unknown. New research and theories have been able to determine the effect of some foods.

In this theory, for birth of son has emphasized to high level of the ratio of K + Na / Ca + Mg ions and for birth of daughter has been emphasized to being of high rate of Ca + Mg / K+ Na. The scientific support of this theory is that the high levels of sodium and potassium ions and the low levels of calcium and magnesium ions alter the metabolism of the ovum, especially its outer layer, so that sperm y is absorbed by the ovum. Conversely, if the level of calcium and magnesium ions is elevated in the blood and the level of sodium and potassium ions is lowered, sperm x is more likely to be absorbed by the ovum. To regulate ions in the body, it is necessary to observe a healthy diet by woman a few months before conception. Because of the ionic changes of the ovum causes to absorb the desired sperm. By observing this diet and modifying mineral salts, it modifies the ovum cell membrane and prepares it for easier penetration for specific types of sperm. Of course, the husbands of these women will be partially dependent on the diet of their wives. Diets may also affect sperm.

There is another theory that considers the acidity and alkalinity of blood to be effective in sex determination. It has been proven that a woman who has alkaline blood during their intercourse will have a son and a woman whose blood is acidic will have a baby girl. However, the change in blood pH is still dependent on the ions consumed through the diet. (2, p. 139)

Having A Proper Diet for Boy Birth

Food that enters the digestive system after digestion and analysis they show the acidic, alkaline or neutral reaction. The acidic, alkaline or neutral state of the blood and body fluids are regulated by some minerals. Foods that have an acidic reaction after digestion and absorption in the body will have a blood pH of less than 7.4 and if they have an alkaline characteristic, then blood pH is higher than 7.4. It should be kept in mind that foods that are acidic in nature do not acidify and lower the pH of the blood, but are important for metabolism and digestion.

It is possible that some food or sour fruit, after digestion and metabolism in the body, may develop alkaline property in the blood. Usually the foods such as meat, fish, poultry, eggs, and cereals usually produce acidic effects through digestion and metabolism. The majority of vegetables, beans, fruits, milk, and dried fruits in the body produce alkaline property. Foods that have plenty rate of fat and sugar such as butter, yogurt, oil, sugar, and syrups produce a neutral state (ph7). Eating the majority of foods that are recommended for boy birth, that husband and wife should eat a couple of dates per day.

Drinking boiled chicory juice is also recommended because it increases the proportion of sodium and potassium ions in the bloodstream, which results in producing the male fetus.

During sexual intercourse, a husband should eat warm foods such as high dates, figs, pistachios, almonds, raisins, chocolates and sugars to make his blood acidic. At this time, the woman must follow a diet so that her blood can become alkaline; such as grapes, strawberry, lemons, raspberries, baking soda, etc., and refrain from eating meat, vinegar, mushrooms and fennel. It

is helpful for a husband to drink a glass of coffee before having sex for boy birth. However, excessive consumption of coffee has a negative effect on sperm. (2, p. 143)

The Sexual Intercourse Situation and Depth of Entrance

Other factors in favor of having a son are that the husband should try to make deep entrance during orgasm or ejaculation. That is, he swallowed the penis more often than before. This helps the sperm to spill near the cervix, where the secretions are more suited to the boy born sperm. In addition, for having son try to do sex from the back, which means that the penis enters the vagina from the back. This may seem a little unusual, but it actually helps the sperm to drain near the cervical hole, not in the adjacent space. Because Y sperm, which has a higher speed, can reach itself early and can fertilize the ovum. (7, p. 69)

Orgasm or Peak of Sexual Pleasure

The environment of the female reproductive system plays an important role in gender selection of the child. The reproductive system environment of the majority of females is alkaline and favorable to movement of sperms closer to the time of ovulation. However, some women often have highly acidic secretions that make it difficult birth of both sexes, especially boys.

If the discharge is always thick, dark and non-stretchable, this indicates that the environment is not favorable to the birth of a boy, most often you can increase your alkaline cervical discharge by doing quite natural way. It is that to reaching the peak of sexual pleasure.

Women who are trying to have a son they should try to reach the climax of sexual pleasure. It is even better at the same time, or preferably before him. If your husband has early ejaculation disorder, he has to consult with a doctor or read sex education books to treat the disorder. It should be noted that female sexual pleasure increases the production of alkaline secretions during the time of ovulation. Furthermore, contraction of the female genitalia, during orgasm, it facilitates rapid sperm transfer to the cervix. It is useful that woman reach to the peak of sexual pleasure, but that does not mean that it is absolutely necessary. (7, p. 67)

Keeping the Testicles Cool

Several years ago, when Dr. Shuttles said: "Men that like to have son, they have not to wear tight underwear and other glue clothes, but the people thought it was childish. But today it has become clear tight clothes can raise testicular temperatures and decrease sperm counts). Men who wear such glue clothing in fact temporarily they barren themselves. This means that using the tight clothing raises the temperature of the testicles and has an annihilating effect on sperm, especially small and weak sperm or boy producer sperm.

Dr. Shuttles recommends keeping the testicle cool for men who want to have a son. He also adds that too much heat is a factor that negatively impact on the male reproductive system. As per his experiences, working in very hot environments, going to hot baths, and even divers that spend their more time into tight, warm clothing, most of them have a daughter. Fortunately, sperm counts return to normal rate by reduction of heat. Men who have had such a decrease in their sperm count and have been sterilized for a long time will continue to increase sperm production by avoiding high temperatures. Further evidence suggests that exposure to toxic chemicals and prolonged drug use can decrease male gender hormones and decrease sperm count. Coffee is a gentle medication that may actually help you to have a son. Drinking one or two cups of full caffeine coffee in fifteen to thirty minutes before intercourse will speed up male sperm. Another factor that helps us have a son is that to increase the amount of sperm.

Dr. Shuttles says "Avoiding intercourse until a certain time help to increase amount of sperm. Having no intercourse in the first few days of menstruation is not a problem, but condoms should be used.

When you think that only four days left to the time of your ovulation, don't perform any activity that results in ejaculation. This four-day abstinence is important for enhancement of the sperm amounts. Because sperm enhancement is helpful for having a son. You should still have intercourse once in a couple of possible ovulation days, if you want to have intercourse in the next few days, use condoms more confidently. (7, p. 65)

Sexual Abstinence for Having a Son

In addition to dating sexual intercourse, there are other factors that increase the chance of having a son. Sexual abstinence or non-ejaculation should continue from the beginning of the menstrual period until the time of the original intercourse, which is the 13th and 14th days. The reason is that this gap will increase the number of sperms which associated with the birth of a son.

Some couples complain about the length of this period, to which we agree somewhat. Because abstinence for such a long period of time may cause wet dream in the husband. So, ejaculation should be done right when the sperm count is not reduced.

Having sex in the first few days of period is okay, but you should definitely use a condom. No using of condom will likely lead to a disruption to the boy birth. Since you think you have four days to lay your eggs, you should not have anything to do with ejaculation. This four-day abstinence is important to increase amount of sperm. Because sperm growth is in benefit of having a son. You can only have intercourse without a condom on the day of ovulation, and there should be no more than one intercourse on days of ovulation. If you want to have intercourse the next few days, you should probably use a condom for sure. Condom use is especially important up to three days after ovulation. (7, p. 63)

Preparations for Having a Boy

- Before attempting to have a boy, you need to make sure all of the following is true.
- Determination of ovulation time using methods of evaluation of cervical secretions and body temperature measurement.
 - Determine the time of sexual intercourse according to the ovulation time.
 - Avoid sexual intercourse and use appropriate means to prevent pregnancy.
 - The importance of sperm quantity and important factors to increase the amounts of sperm.
 - The type of intercourse and the degree of entrance of penis to vagina in the time of ejaculation.
 - Cases affecting the vaginal acidity and alkalinity secretions of the uterus.
 - Women who precisely determine their ovulation time and follow the instructions given to having boy, will probably have an 80-85% chance of succeeding for having son.

Summary of the Methods that are Effective in Birth of a Son

- Sexual intercourse should be as close as possible to the time of ovulation.
- Before any intercourse, the woman should wash her vagina with aqueous solution or baking soda.
- To reach the peak of sexual pleasure or orgasm, try to reach man and woman to the point of ejaculation simultaneously, or preferably woman before the man.
- The penis should be fully inserted into the vagina to release sperm in a desirable environment, above the cervix, so that the spermatozoa of (y) which are able to move faster can fertilize the ovum.
- It is recommended that intercourse be done from the back because it involves deep penetration and seminal fluid discharge above the cervix, where it has better secretions for sperm (y).
- Man must avoid completely sexual intercourse from the beginning of the ovulation day, and avoid any activity that causes ejaculation, this help to significantly increase amount of sperm.
- Observing a proper diet, foods that cause to alkaline blood pH, should spend more.
- Avoid repeated sexual intercourse before and after ovulation.
- sex should end immediately after ejaculation.
- The above is a summary that has been described in detail in previous discussions. (5, p. 73)

Conclusion

Parents have a great role in determining the sex of a son and can determine the sex of their children to their favorite. Allah says in Holly Quran: Allah has created the two male and female (man and woman) that shed the seed of men.

This seems to many polytheists doubtful that for determining the sex of offspring of male chromosomes have a vital role. But the Muslims accepted it based on the belief that the Quran was justified. Fourteen centuries ago, the Quran mentions that father is the determinant of the gender of his children. This is also confirmed by medical research today. What is most desirable in determining sex is the time and date of sexual intercourse with respect to the time of ovulation. Various methods have been involved in sex determination, among which the best is sex determination through cervical discharge, which is effective in controlling natural fertility, both in preventing fertility and in pregnancy. It is a method based on the cervical discharge approach at different times during the menstrual cycle.

Another method of sex determination is by measuring body temperature. This method is based on the sudden increase in body temperature at the time of ovulation. Before attempting to have a boy or girl, we have to make sure ourselves from understanding all of the following instructions.

Determination of ovulation time using methods of cervical discharge and body temperature measurement, having sexual intercourse according to the time of ovulation, the importance of sperm quantity and the factors contributing to their increase, effective factors for the acidity and alkalinity of the female reproductive system, in addition to all of these the age of the woman also affects the gender of the fetus.

Suggestions

Gender selection by parent is one of the long-standing wishes of parents, and every parent like to have children of different genders (boys and girls). Obviously, in our society, some families have such a situation where they have five or more children of the same gender (girl). These parents have always been worried for having more girl and not having son and always wishing to have a boy. Parents, who are complaining and unhappy with their children's (female) gender, this article is a good guide to achieving their wishes and dream.

The valuable and significant research and services that have been done by scientists in this age, due to their scientific and experimental studies, have explored the ways in which child gender determination has become possible. Parents who want to use this article as a guide in determining the gender of their boy child, they should thoroughly study and analyze this article and uses its benefits. While study of the imprecise of this article you will waste your time and you will not achieve the desired result.

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